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# CPR Class Information

**Lutheran Hospital: 435-7393 ext. 1**

**St. Joseph Hospital: 425-3062**

We offer the following AHA (American Heart Association) CPR classes.

Family & Friends – Intended for lay persons. Covers CPR and relief of airway obstruction for adult, child and infant. No written exam.

Healthcare Provider – Initial – Covers adult, child and infant CPR and airway obstruction, 2 rescuer CPR for adult, child and infant, barrier devices, AED and bag mask. Intended for healthcare workers who have direct contact with patients. **For those associates whose CPR card has expired or those seeking CPR provider status for the first time.** Written exam and skills demonstration are included.

Healthcare Provider – Renewal – Intended for healthcare workers who have direct contact with patients. **For those Associates whose CPR provider status is still current.** (Note: CPR cards expire 2 years after date of issue.) Written exam and skills demonstration are included.

Healthcare Provider – Online Renewal – Online course designed for Healthcare workers who have direct contact with patients. Information and exam on line and skills checkoff with instructor.

Heartsaver - Intended for non-patient care providers. Covers CPR and relief of airway obstruction for adult, child and infant, and use of barrier device. Skills demonstration is included.

Heartsaver First Aid Instructor – Covers instructor materials utilized in the Heartsaver First Aid class. Also integrates Heartsaver CPR, use of the AED and First Aid into the one course. Skills demonstration is included.

Healthcare Provider – Instructor - A one-day course to teach the Healthcare Provider how to become a CPR Healthcare instructor.

Heartsaver – Instructor – A one-day course to teach the Heartsaver Provider how to become a Heartsaver CPR instructor.

AHA Core Instructor Course – A self paced course that includes adult teaching and learning, evaluation and remediation strategies. Course completion required prior to taking a CPR Instructor class.

*See individual course pages for more information.*

# AMERICAN HEART ASSOCIATION CORE INSTRUCTOR COURSE

Coordinators: PALS - Kelli Breininger, RN  
CPR - Laura Thompson, MA, BSN, RN  
ACLS - Laura Thompson MA, BSN, RN

Costs: Free to LHN Associates  
\$25 to Non LHN Associates

## Target Audience:

- Any person planning to become a CPR, ACLS, or PALS Instructor.
- The AHA Core Instructor Course must be completed prior to attending any of the CPR, ACLS, or PALS Instructor classes
- No one will be admitted into an instructor class without the AHA Core Instructor Course completion certificate.

## Class content:

- Information includes adult teaching and learning principles, evaluation and remediation strategies.
- The suggested time to complete this self-paced learning program is 8-12 hours.
- Course may be completed on-line or per CD that accompanies the Core Instructor Course Manual. (See instructor manual insert for computer requirements to run programs)
- If unable to run program on your department computer, contact:  
DH – Amy Poffenherter – 426-3196  
LH – Sharon Morgan or Sharon Long – 435-7783  
SJ – Use the Nursing Resource Center – 3<sup>rd</sup> floor  
IS Help desk – 425-3791

To obtain your Core Instructor Course book call:

PALS: Kelli Breininger 435-7320

CPR: Laura Thompson – 425-3346

ACLS: Laura Thompson – 424-3346

To register for Core instructor Course and obtain course materials:

1. CPR or ACLS call: 435-7393
2. PALS call 435-7320

# CPR for Family & Friends

- Coordinator(s): Carole Oglesbee RN, BS  
Mary Ellen McAfee, RN, BSN, MSN
- Costs: Free
- Registration: To register call 435-7393 ext. 1
- Target Audience: Associates and community individuals who are interested in learning basic CPR. (Not appropriate for those who need a CPR card for their job.)
- Class Content: This 3 ½-hour class includes adult, child and infant one rescuer CPR and airway obstruction. Skill demonstration is included. No written exam.
- Class Size: 30 maximum

## April is CPR in the Community time.

CPR Blitz	April 17, 2008	@ Lutheran Hospital	1:30p –4:30p
CPR Blitz	April 10, 2008	@ St Joseph Hospital	1:30p – 4:30p
CPR Blitz	October 9, 2008	@ Dupont Hospital	5:30p – 8:30

*This course does not represent sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.*

*NOTE: Dates may change, please check Website, Fliers, and Education Stations.*

# CPR for Healthcare Providers – Initial Course

**Lutheran Hospital: 435-7393 ext. 1**

Coordinator(s): Laura Thompson, MA, BSN, RN  
Carole Olgesbee RN, BS

Costs: Free to Lutheran Health Network Associates. \$50.00 for Non-Lutheran Health Network Associates.

Target Audience: Associates who do hands on patient care (nursing, respiratory care, etc.); **for those whose CPR card has expired or are seeking CPR provider status.**(Note: CPR cards expire 2 years after date of issue.)

Class Content: This 4-hour class includes adult, child and infant, one and two rescuer CPR, obstructed airway, use of barrier device, bag mask, and AED. A skill demonstration and written exam are included.

Class Size: Limited to 18 participants @ SJ  
24 participants @ LH

CPR Manual: CPR manuals are available for reference in clinical areas at St. Joseph, Rehab, Dupont and Lutheran Hospitals or may be obtained from an AHA materials distributor.

CPR Number: (260) 435-7393 ext. 1

*This course does not represent sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.*

**Please arrive 15 minutes prior to start of class.**

*NOTE: Dates may change, please check Website, Fliers, and Education Stations.*

	Dates	Hospital	Time
January	18	LH	8:00 AM – 12:00 PM
February	8	SJ POB 217	8:00 AM – 12:00 PM
March	14	LH	8:00 AM – 12:00 PM
April	11	SJ POB 217	8:00 AM – 12:00 PM
May	9	LH	8:00 AM – 12:00 PM
June	13	SJ POB 217	8:00 AM – 12:00 PM
July	18	LH	8:00 AM – 12:00 PM
August	8	SJ POB 217	8:00 AM – 12:00 PM
September	12	LH	8:00 AM – 12:00 PM
October	10	SJ POB 217	8:00 AM – 12:00 PM
November	14	LH	8:00 AM – 12:00 PM
December	12	SJ POB 217	8:00 AM – 12:00 PM

# CPR for Healthcare Providers – Renewal

## Lutheran Hospital: 435-7393 ext. 1

Coordinator(s): Laura Thompson, MA, BSN, RN  
Carole Olgesbee RN, BS

Costs: Free to Lutheran Health Network Associates.  
\$50.00 for Non-Lutheran Health Network Associates.

Target Audience: Associates who do hands on patient care (nursing, respiratory care, etc.); **for those whose CPR provider status is still current.** (Note: CPR cards expire 2 years after date of issue.)

Prerequisites: **Must show a current HCP CPR card to instructor prior to class.**

Class Content: This 4 hour class includes adult, child and infant, one and two rescuer CPR, obstructed airway, use of barrier device, bag mask and AED. A skill demonstration and written exam are included.

Class Size: Limited to 18 participants @ SJ  
24 participants @ LH

CPR Manual: CPR manuals are available for reference in the clinical areas at St. Joseph, Rehab, Dupont and Lutheran Hospitals. They may also be obtained from an AHA materials distributor..

CPR Number: (260) 435-7393 ext. 1

*This course does not represent sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.*

**Please arrive 15 minutes prior to start of class.**

*NOTE: Dates may change, please check Website, Fliers, and Education Stations.*

	Dates	Hospital	Time
January	31	LH	9:00 AM – 12:00 PM
February	21	SJ POB 217	10:30 AM – 1:30 PM
March	27	LH	2:00 PM – 5:00 PM
April	30	SJ POB 217	7:45 AM – 10:45 AM
May	29	LH	9:00 AM – 12:00 PM
June	26	SJ POB 217	3:30 PM – 6:30 PM
July	31	LH	9:00 AM – 12:00 PM
August	21	SJ POB 217	10:30 AM – 1:30 PM
September	25	LH	2:00 PM – 5:00 PM
October	30	SJ POB 217	7:45 AM – 10:45 AM
November	21	LH	9:00 AM – 12:00 PM
December	22	SJ POB 217	10:30 AM – 1:30 PM

# CPR for Healthcare Provider – On Line Renewal

## Lutheran Hospital: 435-7393 ext. 1

The American Heart Association has developed an on line Renewal Course for Healthcare Providers at a cost of \$17.50. The program is designed for easy online access, working at one's own pace and includes video instruction. **If you are a LHN associate and CPR required for your job, you must have approval from you manager to use this method.**

To access the web site – go into [americanheart.org/CPR](http://americanheart.org/CPR). This brings up the home page and under the What's new – click on BLS for HCP on line renewal course. Then click on topic needed – information, free demo or costs.

**After completion of the program and printing a certificate (need to print the certificate at the end of program before exiting program), the participant will then contact an authorized AHA training center such as LHN Training Center to schedule a skills check.**

Upon successfully completing the skills check, the participant will then be eligible to receive the HCP renewal card.

The skills check-off is free to LHN associates and \$25 for non-LHN/community participants

- I. To complete the check off portion of the renewal class, the **Associate** will need to:
  - a. Call the CPR line at 260-435-7393, ext. 1 to setup an appointment for check off
  - OR**
  - b. The **Associate** may be checked off by an AHA CPR Instructor from their work area.
- II. Method of renewal check off through AHA CPR Instructor from work area:
  - c. Contact instructor and make appointment for check off.
  - d. Associate to present certificate from on line program prior to check off.
  - e. Associate will demonstrate each CPR technique to instructor.
  - f. CPR card will be issued upon successful completion of skill check off.

*This course does not represent sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.*

# Family & Friends CPR

## Dukes Memorial Hospital – 475-8603

- Coordinator: Beverly Andrews CRT, AHS – Dukes Memorial Hospital
- Costs: Free to Lutheran Health Network Associates. \$25.00 for Non-Lutheran Health Network Associates.
- Target Audience: For laypersons. Covers CPR and relief of airway obstruction for adult, child and infant. No written exam.
- Class Content: This 3 1/2 hour class includes adult, child and infant one person CPR, airway obstruction and the use of barrier devices. A skill demonstration is included.
- Class Size: Limited to 16 participants @ Dukes Memorial Hospital
- CPR Manual: CPR manuals are available for reference by request from Bev Andrews@ 475-8603.
- CPR Number: (765) 475-8603

*This course does not represent sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.*

**Please arrive 15 minutes prior to start of class.**

*NOTE: Dates may change, please check Website, Fliers, and Education Stations.*

	Dates	Hospital	Time
January			
February			
March			
April	2	Dukes AR 2	1:00 PM
May			
June	13	Dukes 2 West	1:00 PM
July			
August	29	Dukes 2 West	9:00 AM
September			
October			
November	5	Dukes AR 2	1:00 PM
December			

# Healthcare Provider Initial Course - CPR

## Dukes Memorial Hospital – 475-8603

- Coordinator(s): Beverly Andrews CRT, AHS – Dukes Memorial Hospital
- Costs: Free to Lutheran Health Network Associates. \$25.00 for Non-Lutheran Health Network Associates.
- Target Audience: Associates who do hands on patient care (nursing, respiratory care, etc.): **for those whose CPR card have expired or are seeking CPR provider status.** (Note: APR cards expire 2 years after date of issue.)
- Class Content: This 4 hour class includes adult, child and infant one person CPR, one and two rescuer CPR, airway obstruction and the use of barrier devices, bag mask and AED. A skill demonstration and written exam are included.
- Class Size: Limited to 16 participants @ Dukes Memorial Hospital
- CPR Manual: CPR manuals are available for reference by request from Bev Andrews@ 475-8603.
- CPR Number: (765) 475-8603

*This course does not represent sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.*

**Please arrive 15 minutes prior to start of class.**

*NOTE: Dates may change, please check Website, Fliers, and Education Stations.*

	Dates	Hospital	Time
January			
February			
March	13	Dukes AR1	9:00 AM
April			
May	16	Dukes AR1	1:00 PM
June	3	Dukes 2 West	9:00 AM
July	24	Dukes AR 1	1:00 PM
August			
September			
October	14	Dukes 2 West	9:00 AM & 1:00 PM
November	28	Dukes 2 West	9:00 AM
December			

# Healthcare Provider Renewal - CPR

## Dukes Memorial Hospital – 475-8603

- Coordinator(s): Beverly Andrews CRT, AHS – Dukes Memorial Hospital
- Costs: Free to Lutheran Health Network Associates. \$25.00 for Non-Lutheran Health Network Associates.
- Target Audience: Associates who do hands on patient care (nursing, respiratory care, etc.): **for those whose CPR provider status is still current.** (Note: CPR cards expire 2 years after date of issue.)
- Class Content: This 4 hour class includes adult, child and infant one person CPR, airway obstruction and the use of barrier device, bag mask and AED. A skill demonstration and written exam are included.
- Class Size: Limited to 12 participants @ Dukes Memorial Hospital
- CPR Manual: CPR manuals are available for reference by request from Bev Andrews@ 475-8603.
- CPR Number: (765) 475-8603

*This course does not represent sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.*

**Please arrive 15 minutes prior to start of class.**

*NOTE: Dates may change, please check Website, Fliers, and Education Stations.*

	Dates	Hospital	Time
January	11	Dukes 2 West	9:00 AM
February	5	Dukes 2 West	1:00 PM
March	13	Dukes 2 West	1:00 PM
April	8	Dukes 2 West	9:00 AM
May	16	Dukes AR 2	9:00 AM
June	3	Dukes 2 West	9:00 AM
July	11	Dukes 2 West	9:00 AM
August	11	Dukes AR 1	9:00 AM
September	10	Dukes 2 West	9:00 AM & 1:00 PM
October			
November			
December	3	Dukes AR 2	9:00 AM

# Heartsaver CPR

## Dukes Memorial Hospital – 475-8603

- Coordinator:** Beverly Andrews CRT, AHS – Dukes Memorial Hospital
- Costs:** Free to Lutheran Health Network Associates. \$25.00 for Non-Lutheran Health Network Associates.
- Target Audience:** For associates who need a CPR card, and is a non-patient care provider. Covers CPR and relief of airway obstruction for adult, child and infant, and use of barrier device. Skills demonstration is included.
- Class Content:** This 4 hour class includes adult, child and infant one person CPR, airway obstruction and the use of barrier devices. A skill demonstration is included.
- Class Size:** Limited to 16 participants @ Dukes Memorial Hospital.
- CPR Manual:** CPR manuals are available for reference by request from Bev Andrews@ 475-8603.
- CPR Number:** (765) 475-8603

*This course does not represent sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.*

**Please arrive 15 minutes prior to start of class.**

*NOTE: Dates may change, please check Website, Fliers, and Education Stations.*

	Dates	Hospital	Time
January	23	Dukes 2 West	1:00 PM
February			
March	4	Dukes 2 West	1:00 PM
April			
May	27	Dukes AR 1	9:00 AM
June	24	Dukes 2 West	1:00 PM
July	2	Dukes AR 2	1:00 PM
August			
September	19	Dukes AR 1	1:00 PM
October	30	Dukes 2 West	9:00 AM
November	18	Dukes 2 West	8:00 AM
December	18	Dukes AR 1	9:00 AM

**2008 Dates**  
**CPR for Healthcare Providers**  
**Dupont Hospital**  
Initial Class

\*\*\*This class is intended for Dupont Hospital team members who do hands on patient care and who require initial training.

January	16	8:00 am--12:00 pm	Room 2100
February	13	8:00 am--12:00 pm	Room 2100
March	11	8:00 am--12:00 pm	Room 2100
April	16	8:00 am--12:00 pm	Room 2100
May	14	8:00 am--12:00 pm	Room 2100
June	10	8:00 am--12:00 pm	Room 2100
July	16	8:00 am--12:00 pm	Room 2100
August	13	8:00 am--12:00 pm	Room 2100
September	16	8:00 am--12:00 pm	Room 2100
October	15	8:00 am--12:00 pm	Room 2100
November	12	8:00 am--12:00 pm	Room 2100
December	9	8:00 am--12:00 pm	Room 2100

**Heartsaver CPR**  
**Dupont Hospital**

\*\*\*This class is intended for Dupont Hospital team members not performing hands on patient care.

March	12	8:00 am--12:00 pm	Room 2100
June	11	8:00 am--12:00 pm	Room 2100
September	17	8:00 am--12:00 pm	Room 2100
December	10	8:00 am--12:00 pm	Room 2100

**Call the ACLS/CPR line at x 3232 or  
Mary Ellen McAfee at x 3221 to register**

# **2008 Dates**

## **CPR Renewal for Healthcare Providers**

### **Dupont Hospital**

### **Renewal Check Off**

This check off is intended for Dupont Hospital team members who do hands on patient care and who require renewal of their CPR status.

The online computer course and test **must** be completed prior to attending a check off session. Please print out and **bring with you your completed CPR test** with a score of 84% or greater.

January	16	1:00 pm--3:00 pm	Room 2100
February	13	1:00 pm--3:00 pm	Room 2100
March	11	1:00 pm--3:00 pm	Room 2100
April	16	1:00 pm--3:00 pm	Room 2100
May	14	1:00 pm--3:00 pm	Room 2100
June	10	1:00 pm--3:00 pm	Room 2100
July	16	1:00 pm--3:00 pm	Room 2100
August	13	1:00 pm--3:00 pm	Room 2100
September	16	1:00 pm--3:00 pm	Room 2100
October	15	1:00 pm--3:00 pm	Room 2100
November	12	1:00 pm--3:00 pm	Room 2100
December	9	1:00 pm--3:00 pm	Room 2100

**Call the ACLS/CPR line at x 3232 or  
Mary Ellen McAfee at x 3221 to register  
for computer class and check off.**



December			
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# CPR Instructor Classes

## Lutheran Hospital: 435-7393 ext. 1

Instructor(s): Laura Thompson, MA, BSN, RN

Costs: Free to LHN Associates.  
For non-LHN applicants, \$100 which does not include books

### Course Description:

1. **Healthcare Provider Instructor:** One-day course for the Healthcare Provider to learn to become a CPR Instructor.

**Prerequisite:**

1. Completion of the AHA Core Instructor Course
2. Current Healthcare Provider card **renewed within the past 3 months.**

2. **Heartsaver Instructor:** One-day course for the Heartsaver Provider to learn to become a CPR Instructor.

**Prerequisite:**

1. Completion of the AHA Core Instructor Course
2. Current Heartsaver CPR card **renewed within the past 3 months.**

Class Size: Limited to 12 participants for the combined classes of Heartsaver and Healthcare Provider Instructors.

*This course does not represent sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.*

**Please Arrive 15 minutes prior to start of class.**

*NOTE: Dates may change, please check Website, Fliers, and Education Stations.*

	Dates	Hospital	Time
March	31	SJ – POB 217	8:00 AM – 4:30 PM
June	2	SJ – POB 217	8:00 AM – 4:30 PM
September	30	SJ – POB 217	8:00 AM – 4:30 PM
November	7	SJ – POB 217	8:00 AM – 4:30 PM

# CPR Instructor – Update Class

**Lutheran Hospital: 435-7393 ext. 1**

Coordinator(s): Laura Thompson MA, BSN, RN

Costs: Free to Lutheran Health Network Training Center Instructors.

Target Audience: Current CPR Instructors who will have their instructor card expire prior to the next update and have taught four classes in the past two years.

Class Content: Update on AHA and Training Center information, BLS skills demonstration, complete CPR Provider test. Upon completion of class, CPR Provider and CPR Instructor cards will be issued.

Class Size: Limited to 18 instructors

*This course does not represent sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.*

*NOTE: Dates may change, please check Website, Fliers, and Education Stations.*

**Please arrive 15 minutes prior to start of class.**

	Dates	Hospital	Time
January	8	SJ – POB 217	12:00 PM–4:00 PM
February	5	SJ – POB 217	8:00 AM – 12:00 PM
March	17	SJ – POB 217	12:00 PM–4:00 PM
April	1	SJ – POB 217	8:00 AM – 12:00 PM
May	1	SJ – POB 217	8:00 AM – 12:00 PM
June	3	SJ – POB 217	12:00 PM–4:00 PM
July	8	SJ – POB 217	12:00 PM – 4:00 PM
August	5	SJ – POB 217	8:00 AM – 12:00 PM
September	15	SJ – POB 217	12:00 PM – 4:00 PM
October	6	SJ – POB 217	8:00 AM – 12:00 PM
November	24	SJ – POB 217	8:00 AM – 12:00 PM
December	15	SJ – POB 217	8:00 AM –12:00 PM

